

# BREAKING BARRIERS

to build healthier communities

## 1<sup>st</sup> Annual SGV Youth Summit

*How can I get adults to listen to me?*

*Why do the rich get richer  
while the poor get poorer?*

*How do I take control of my future?*

**Saturday, February 20, 2010  
9am - 5pm**

**Garvey School  
2720 Jackson St.  
Rosemead 91770**

**Music and Prizes!**

**Free food!**

Over **15 free workshops** will help empower youth to make a difference in their community, increase awareness of cultural diversity and social injustices, and promote social, emotional, physical, and mental well being.

**Workshops for 6th - 12th grade students**



**Register by  
1/31/2010**

Contact  
[sgvyouthsummit@gmail.com](mailto:sgvyouthsummit@gmail.com)  
for a registration form and  
fax it back to 626-287-0168

**First 200 students to register will  
receive a free bag!**

Workshops topics include:

- Arts and Entertainment
- Meth prevention
- Domestic violence
- LGBTQI issues
- Alcohol in pop culture
- Stress management
- Cross cultural diversity
- College planning
- Gang prevention
- Problem gambling
- Intellectual, mental, and spiritual health
- How to communicate with parents
- Life as a college student (panel)

**Youth Leadership & Advocacy  
Successful Transitions  
Health and Wellness  
Learning from our Diverse Communities**

Find us on Facebook!  
SGV AOD Youth Council - Youth Summit

**Sponsored by**

